

THE LANGUAGE OF MUSIC IN THE EVOLUTION OF THE WELL- BEING OF THE EUROPEAN POPULATION.

LIMBA MUZICII ÎN EVOLUȚIA BUNĂSTĂRII POPULAȚIEI EUROPENE.

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Abstract: *Citizens across different age groups need personal human contact; they need to meet, to talk to each other, to hug and to love. The language of music is the most constructive action in the context of human recovery and ensuring the psychological well-being of the population.*

Key words: *musical knowledge, psychological well-being, social health, consciousness, intergenerational activity, European population.*

JEL CLASSIFICATION: B41, B55, C53, C88, D23, E70

Purpose. With music man walks in life, is born, lives and dies. Music is the first source in the set of all means of communication between people of all generations. It is perceived by babies as a source of food and is the most desired and appreciated object by children in nurseries and students in guides and high schools. Music is harmony in the communication between the young sexes of colleges and higher education institutions. Laughter music makes it more and more alive and productive. Music is the engine of optimism, good disposition, spiritual, intellectual and emotional intergenerational progress.

Research methods. The Smart Healthy Age-Friendly Environments Network will focus on the narrative, debate, disclosure and knowledge translation of smart digital solutions and of solutions to optimize the physical and social environments of individuals in a concerted manner, bringing together also the domains of health and social care.

Discussed European Project „The language of music in the evolution of the well-being of the European population” in the presented position paper, has severe **goals**, including the research and implementation directions of the actions announced by the International Interdisciplinary Network on Smart Healthy Age-friendly Environments (NET4Age-Friendly) through the WG4: SHAFE impact and sustainability: policy development, funding forecast and cost benefit evaluations, which intends to achieve specific objectives such as:

1. Increasing the level of knowledge of music in the wider masses of the European population,
2. European musical institutions in support of the Creation of the Society of Consciousness,
3. Globalization of intergenerational well-being in the European space through music,
4. Working together with the European Media in the light of the evolution of the well-being of the European population.

Results. The benefits of listening to music and learning a musical instrument have been researched extensively over the past decades; however, most of the research available covers the

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early stages of cognitive and motor development. As a result of that, most people who start learning to play an instrument are of younger age.

This paper discusses the benefits of learning a musical instrument at any age by the development of a long-term Intergenerational International Project to implement music in the everyday life of the European population. The project constitutes the essential laughter of the knowledge of music, culture and musical spirit of the masses with the creation of intergenerational limiting psychologically friendly communities and musical societies and achieving a high musical level of the population with optimistic intergenerational friendly psychological reflexes in the Society.

The paper also highlights the musical foundations of chamber music regarding the transmission, maintenance and development of the spiritual, intellectual and emotional well-being of older people. It is concluded that the foundation of the study directs cultural institutions through a TV Network, Radio Network, Internet, Facebook and other social networks to be aware of and enjoy chamber music.

The paper aims to open a broad discussion around passive musical training, instrumental training and how this activity influences the motor function, brain function, perception and emotional experience.

The results of the research are supported by the value of the findings, conclusions and recommendations, which can be useful both in terms of the transmission, maintenance and development of the spiritual, intellectual and emotional well-beings of older people, as well as musicians in the field, higher education teachers, students in appropriating and studying the dimensions of the cultural phenomenon, statistical analysis institutions, being applied to the establishment of new directions of development and research with the aim of directing towards the cultural branch of the spiritual, intellectual and emotional well-being of older people. **Application value:** Developing a social network to implement music for all ages of Romanians everywhere. Involvement of musical faith in the music of life, with the knowledge of music, with the crystallization and retention of musical knowledge, with the installation of the musical spirit, with the wide implementation of regional, European and international musical consciousness. The processes of achieving the noble purpose of foretelling music in the life of society involve musical education, starting with musical asces, continuing with the education of genres and musical categories, the differentiation of musical applications with wide exemplification in the masses. Promote musical circles, musical roundtables, soirees and summer, autumn, winter and spring musical schools, musical ensembles and competitions.

Scientific novelty and originality: The language of music together with the language of gestures and the language of dance in everyday life, being a multiple faith conscious and assured with implementing facts, tends towards the defeat, patience and godliness of music through the presence of love of nation and love of peoples. The multi-media and media network, which has these things, provides psychological and multi-lateral spiritual, intellectual and emotional health of all generations and primarily the elderly.

The position paper also provides indicators to measure progress and success on the realization of SHAFE which began as a Thematic Network, approved by the European Commission, with the ambition to draw policy makers, organizations and citizens' attention to the need of better alignment between health, social care, built environments and ICT, both in policy and funding.

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