

WITH AESM HAPPY TO THE DEPTHS OF OLD AGE

CU ASEM FERICIȚI PÂNĂ LA ADÂNCI BĂTRÂNETE

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Abstract: *Old age is a particular life stage for older people and an appropriate approach by society to this phenomenon is very necessary.*

Key words: *Association, psychological well-being, social health, consciousness, intergenerational cooperation.*

JEL CLASSIFICATION: B41, B55, C53, C88, D23, E70

Actuality: The adult professors in AESM with the support of the Administration of the institution have formed an association of professors, which operates according to the principles "AESM is my home" and "My house is AESM". The way to achieve these desiderata is to enable the elderly people of AESM to work at his native institute until deep down in their old age. These desiderata represent an original new paradigm of organizing THE CONTINUE activities of older people.

Purpose: The adult professors in AESM are divided into three categories: EMPLOYEES – professors, who are going to reach retirement age in the next five years, ASSOCIATES – professors, who are retired and work in ASEM Part-Time and AFFILIATES – professors, who work after retirement in ASEM voluntarily. All of them work as AFFILIATES of AESM until old age according to the decision of the ASEM Senate in December 2019 to organize the Association "AESM Seniors" with a special Regulation of activity in AESM.

Research methods: The Association "AESM Seniors" operates successfully during these two years even though most of the time it operated under the conditions of the COVID-19 pandemic.

The AESM affiliates of the Association „AESM Seniors” are functionally divided into three activity groups with the aim of supporting the AESM - home institution, which tends to become in the future research-education institution in the economic field of the Republic of Moldova. "Professor audit", "WEB support of SMEs" and "From studies in production" are three subdivisions of the Association "AESM Seniors", which operate successfully under the main estimate of CONTINUITY of AESM adult professors activities until happily old age.

Results: The Association „AESM Seniors” organized and spent the "Round Table" with the participation of senior professors invited from the University of Illinois (Chicago, USA) where an exchange of experience with the Association of Adult Seniors in the USA was conducted. The evolution of this exchange of experience has made important changes to the Work Agenda of the Association "AESM Seniors".

Members of the Association „AESM Seniors” led and worked with the young researchers of the Republic of Moldova during these two years of activity with the support of the European Union through COST CA19136 and COST CA16226. Multiple researches were organised and carried out, which were presented at two international TELECONFERENCES under the Online Regime of 13-14 March 2020 and 12-13 March 2021 with the publication of the results in the European Journal "Society Consciousness Computers" No. 6, 2020 [1] and No. 7, 2021 [2]. Recently under COST CA19136 a **Virtual Mobility Grant** was evaluated, which aims at the **following activities:**

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1) Analyzing the results of the research, carried out by the member of Association „AESM Seniors” with their young colleagues and presented at the TELE-2021,

2) Highlighting the results of the research, carried out by the member of Association „AESM Seniors” with their young colleagues, which are related to the SHAFE concept and goals,

3) Encouraging the researchers – authors of the highlighted results - to represent the extended texts (4, 6, or 8 pages) of their presentations at the TELE-2021,

4) Completing a volume of the journal "ARA Journal of Sciences" with these extended texts, and

5) Publishing the volume of the journal "ARA Journal of Sciences" with these scientific research results to support WG4 in the D4 Report on SHAFE policies, strategies and funding.

The activity of the Association "AESM Seniors", with the essential participation of COST in these two years of being, is presented in the monograph "The Association "AESM Seniors"-2 years of activity" [3], which will be launched to the celebration of the 30 years of AESM activity in September 24-25, 2021. Some highlights from the monograph:

- Rector ASEM Academician Grigore Belostecinic: Activity plan as ASEM Rector: ... protection of adult teachers in ASEM ...

- The Idea of the Association "AESM Seniors": Adult professors of ASEM are employed, associated, affiliated ...

- **CONTINUITY... All your life with ASEM!**

- Senate of 24 December 2019: Birth; The Order of the Rector of 2 January 2020: Officialization

- The Meeting with seniors of Chicago of 17 January 2020: Exchange of experience

- The First Octogenary honoured on 12 February 2020: Conf., Dr. Dumitru Zambitchi, Emeritus Member of the Association "Seniors ASEM"

- Woman is the flower of life not only of man: 8 March 2020: Homage to the Ladies teachers – Members of the Association "Seniors ASEM"

- The Second Octogenary honoured on 13 March 2020: Prof. univ., dr. hab., m.c. ARA Dumitru Todoroi, President of the Association "ASEM Seniors"

- **COVID – 19:** Multiple blow for the Association "ASEM Seniors", online activity

- The Coordinating Council of the Association "ASEM Seniors": Members of the Association "ASEM Seniors" are organized in 3 research-education collectives

- The TELE-2020, 13-14 March 2020, 9th Edition: First International Scientific Activity of the Coordinating Council of the Association "Seniors ASEM". The "Society Consciousness Computers" Magazine No. 6, June 2020, publishes the results, announced by the authors of the 35 scientific intergenerational communications at the TELE-2020

- Congratulations to the Octageners - Emeritus members of the Association "ASEM Seniors"- People of eighty years old: Prof. univ., dr. hab., m.c. ARA Dumitru Todoroi, Prof. univ., dr. hab., Constantin Matei, Prof. univ., dr. hab., Vasile Bucur, Prof. univ., dr. hab., Viorel Ţurcan

- The most advanced Lady, Member of the Coordinating Council of the Association "Seniors of ASEM": Prof. univ., dr. hab. Nadejda Şişcan

- The **First International Project** of the Association "ASEM Seniors": Moldovan-Turkish SMEs, international intergenerational collectives: ASEM affiliates activate online under the conditions dictated by the COVID-19 PANDEMIC

- The TELE-2021, March 12-13, 2021, 10th Edition: Large-scale international scientific activity of the Association "Seniors of ASEM"

- The **Second International Project** of the Association "Seniors of ASEM": COST CA19136 and COST CA16226 support the organization, preparation, party and publication of the scientific results of the research teams led by the members of the Association "Seniors of ASEM". The Journal "Society Consciousness Computers" No. 7, May 2021, published the results,

announced by the authors of the 51 scientific communications at TELE-2021 presented by Association "Seniors of ASEM

- The future is the Past multiplied by the Present (Paul BRAN, First Rector of ASEM)

Conclusions:

There are a lot of solutions to provide for the decent lives of adults, the elderly, pensioners. Old people's homes, villages for adults, green societies and other are the "most successful" decisions. The retired person may be "closer" to the family, more "householder" in his household, closer to his children and grandchildren, he can even become a nanny, etc. All these ways involve "breaking" the person from his usual living environment into the collective, into society. They imply an exclusion of the person from his usual way of social activity, the known and comfortable way of life, they imply the exclusion from the social life. These ways imply "loneliness" towards "that which was."

Through the activity of the members of the Association "Seniors of AESM" we excluded the loneliness of the adult person, we excluded the "breaking" of the person from the collective, we excluded the notion of retirement. The Association "Seniors of AESM" promotes the CONTINUITY of the life of adult teachers in the AESM "as it was".

The Association "Seniors of AESM" promotes the CONTINUITY of the life of each adult professors from AESM, who all his life worked at HIS enterprise and will CONTINUE the activity at the same enterprise until deep old age. The person retired even for a minute does not feel outside of HIS company; HE operates continuously in the same collective, with HIS colleagues, disciples and friends. The person continues the activity at the same enterprise gradually moving from the position of EMPLOYEE to the position of ASSOCIATE and from there to the position of AFFILIATE. The person CONTINUES life, does not interrupt it, does not feel any "emotional coup of diminution" of HIS personality.

Let's be confident that psychologically this way of ensuring the future life of adults in an association such as the Association "Seniors of AESM" is much more humane and progressive, more positive, with much more emotion of perspective for the future. This way of life CONTINUES by greatly increases the age of the person until the person "no longer wants anything from life."

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The results will contribute to solving problems and actions carried out within the COST CA 16226, Indoor living space improvement: Smart Habitat for the Elderly (SHELD-ON), this way creating a better society for everybody.

References

- [1] *Society Consciousness Computers, Volume 6, 2020, 120 pages, Alma Mater Publishing House, Bacău, Romania, , ISSN 2359-7321, ISSN-L 2359-7321*
- [2] *Society Consciousness Computers, Volume 7, 2021, 100 pages, Alma Mater Publishing House, Bacău, Romania, , ISSN 2359-7321, ISSN-L 2359-7321*
- [3] Dumitru TODOROI, Mihai PAIC, "The Association "AESM Seniors"-2 years of activity", Editura ASEM, (To be published)